

Confidence Building Workshop



To provide students with the practical skills and knowledge necessary to express themselves clearly, with confidence and power, in a variety of speaking situations. School is no longer about rote learning. We must prepare our kids for projects and challenges of growing up in this globalised world. Being confident speakers is an important aspect of a child's development. Keeping this in mind, under the Parent engagement program, a workshop on Public Speaking was organised in Mittal Auditorium. Ms. Ridhima Bharara, mother of Dishita Bharara of class III D was the resource person. The workshop focused on that a self-assured child who can effectively address their classmates or an audience is likely to be seen in a more positive light by their peers and develop a stronger sense of self. The resource person had arranged some group activities by making small groups so as to get more practice and make it less confrontational, so that children are more likely not have that fear of public speaking. The workshop was also conducted with an aim that performance doesn't have to be learning lots of lines for a play or spectacle; it can be as simple as singing a song, telling about a picture they drew or reciting a favorite poem. The more we encourage young kids to speak, the greater the likelihood that their self-confidence will increase with each experience.