

*A workshop on Etiquette was conducted by Ms. Jyoti Madaan at Sat Paul Mittal School*



Etiquette, the complex network of rules that govern good behaviour and our social interactions, is always evolving and changing as society changes. It helps us show respect and consideration to others and make others glad that we are with them. Without proper manners and etiquette, the customs of polite society would soon disappear. A workshop on Etiquette at Sat Paul Mittal School was held to apprise Satyans about the same. The resource person was the Satyan parent, Ms. Jyoti Madaan.

Ms Jyoti acquainted the Satyans with 3 Gs of etiquettes i.e. Graciousness, Gratitude and Grace. She enlightened the Satyans of Class VII on the importance of creating first impressions. The first 5-7 seconds when we meet someone for the first time are crucial and if we use proper etiquette, that first impression becomes a more positive one.

Etiquette today is largely based on making people around you feel comfortable. By treating people with kindness, courtesy and respect we make ourselves more likeable and this allows us to build stronger personal friendships and relationships. By using the correct etiquette we are able to ensure that our communication is truly clear and effective.

## ***A Workshop on Careers for Class VIII by Ms. Jyoti Madaan***



It's not what you achieve, it's what you overcome. This is what defines career. Choosing a career is a life changing decision. A workshop was conducted on Careers for Class VIII students at Sat Paul Mittal School by the Satyan parent, Ms. Jyoti Madaan. The Workshop was aimed at generating awareness among the students regarding the multitude of professional prospects available in today's progressive world and to take decisions wisely while choosing career. Ms. Jyoti Madaan assisted that one must be very careful while choosing the careers. She urged urged the students to seek the help of career counsellor before taking career decisions. She highlighted that academics, personality, interests and skill are the four essential requirements while choosing career. If it is not being chosen properly, it causes stress, pressure, unwillingness to do work, etc. The career path which one choose has major impact on various aspects of life.