

### Workshop by Ms. Abha Sikri for Classes II-V



Sat Paul Mittal School hosted a public speaking workshop aimed at developing effective communication and presentation skills on 3<sup>rd</sup> May 2023. The workshop was organized by Ms. Abha Sikri – Mother of Vidit Sikri of Class V-C.

The workshop began with an interactive activity, which helped the students to know the objective of the workshop. The coach then proceeded to provide an overview of the importance of effective public speaking and communication skills in various aspects of life.

Throughout the workshop, the participants engaged in various activities designed to enhance their communication abilities. These included impromptu speaking exercises, practising right posture, knowing correct body language, and mastering non-verbal communication cues.

Additionally, the coach shared practical tips for structuring speeches, delivering effective presentations, and overcoming stage fright. Participants also had the opportunity to receive feedback on their performances from their peers and the coach, which was invaluable for improvement.

Overall, the workshop was a great success, with students expressing immense gratitude for the experience. Many students expressed that they had gained newfound confidence in public speaking and looked forward to putting their skills to use in various professional and personal settings. We are looking forwards to organize more events like this in the future, to help students develop these critical skills.