

Sat Paul Mittal School conducted a workshop on Goal Setting



Teenagers face a period of rapid change, exploration, and self-discovery, making goal setting particularly important during this crucial period. Setting and achieving goals gives teens a sense of accomplishment, which boosts their self-confidence and motivates them to tackle challenges. Recognizing the profound influence of this stage in the life of students, Sat Paul Mittal School organized a workshop on 'Goal Setting' on 10th December, 2024 to sensitize and orient the students of Classes VII and IX to foster motivation, focus, responsibility, and emotional growth among students. This workshop was a part of school's prestigious Parent Engagement Program and led by Mr. Gautam Sikri, the father of Vidit Sikri of class VI C. In order to motivate students to learn- how to plan, act, and evaluate their progress themselves, which is a valuable skill as they become more responsible for their own lives, Mr. Gautam Sikri, conducted a compelling and insightful session on goal setting. Mr. Gautam Sikri is the Managing Director of Ramsons Cycles Pvt Ltd. and Chairman of India Entrepreneurs Collective.

The workshop was a highly interactive session with students actively engaging in discussion on a wide variety of topics such as personal growth, focused approach, time management, decision making etc. Through a combination of lecture and question-answer session, students were not only encouraged to think but also voice their concerns and seek advice from Mr. Sikari. Mr. Gautam Sikari was successful in clearing each student's doubts and pointing them in the right direction. Overall the workshop was an eye opener for the students.